

The Actors Fund Home Nursing Home

July 12-18, 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
12 11:00 Life Stories 1:45 You Be The Judge 3:00 Aroma Hand Massage 6pm Jeopardy	13 9:30 Social Visits 10:15 News & Views 11:00 Morning Stretch 2:00 The American Songbook with George DeFeis 3:30 Meditation 4:00 <i>Rosary—Ch. 82</i>	14 9:30 Social Visits 10:15 Plant Care 11:00 Exercise Group 1:45 Bingo 3:00 Music Appreciation 6:00 <i>History—Ch. 82</i>	15 10:15 Story Chain 11:00 Exercise Group 2:00 Drama Therapy 3:30 Anagrams 6:00 <i>Opera Hour—Ch.82</i>	16 9:30 Hand Massage 10:15 Exercise Group 11:00 Rhythm Circle 1:45 Monthly Birthday Celebration with Carol Skarimbias 3:00 Ice Cream Social 4:00 <i>Shabbat Service—Ch. 82</i> 6:00 <i>Evening Laugh—Ch. 82</i>	17 Social Visits 10:15 Beauty Hour 11:00 Exercise Group 1:45 Trivia 3:00 Sing Along	18 9:30 Aroma Therapy Visits 10:15 News & Views 11:00 <i>Sunday Mass—Ch. 82</i> 2:30pm Movie Matinee

PLEASE NOTE: All activities held in NH Lounge unless otherwise indicated. Activities are subject to change. Please see digital signs or channel 82 for daily updates. Wine is served each Wednesday at lunch time.