

# MARCH 2022

# The Actors Fund Home Assisted Living

SUN	MON	TUES	WEDS	THURS	FRI	SAT	THIS WEEK'S ANNOUNCEMENTS
 <p>6</p> <p>9:00 Spiritual Music (Ch. 82)</p> <p>11:00 Catholic Mass (Ch. 82)</p> <p><b>3:15 Cocktail Social – AL Lounge</b></p> <p>4:00 Exercise (Ch. 82)</p>	 <p>7</p> <p>11:00 Meditation with Phaedra-Schroeder Lounge</p> <p>2:00pm Food Council with Ruben- MusiCares Lounge</p>	<p><b>Mardi Gras 1</b></p> <p>11:00 Cardio Workout with Meredith (Ch. 82)</p> <p>2:45 Current Events – Schroeder Lounge</p> <p>4:00 Rosary (Ch. 82)</p>	<p><b>Ash Wednesday 2</b></p> <p>11:00 Tech Clinic</p> <p>2:00 Resident Council Meeting – MusiCares Lounge</p> <p>3:00 Living Resourcefully – Schroeder Lounge</p> <p>3:45 Ashes-Father Agung-In Room (Sign up at front desk)</p>	<p>3</p> <p>11:15 Meditation &amp; Aroma Therapy with David-Schroeder Lounge</p> <p>3:00 Bingo – AL Lounge</p>	<p>4</p> <p><b>9:30am</b> New Orleans Jazz Music Listening (CH. 82)</p> <p>2:00 For Your Consideration Movie Viewing: <i>Power of The Dog</i> –Schroeder Lounge</p> <p>4:00 Shabbat Service (Ch. 82)</p>	<p>5</p> <p>9:30 Morning Café Music (Ch. 82)</p> <p><b>3:45 Anagrams – AL Lounge</b></p> <p>4:00 Rosary (Ch. 82)</p>	<p><b>WINE WEDNESDAYS!</b> Join us for lunch in the dining room each Wednesday and have a complimentary glass of red or white wine.</p>
		<p>8</p> <p>10:00 Grab n’ Go Morning Social-Schroeder Lounge</p> <p>11:00 Group Wordle—Schroeder Lounge</p> <p>2:00 Theater Club – MusiCares Lounge</p> <p>3:00 Watercolors and Music- Anne Russell Art Studio</p> <p>4:00 Rosary (Ch. 82)</p>	<p>9</p> <p>11:00 Tech Clinic</p> <p>2:15 What’s Happening in Washington? – Schroeder Lounge</p> <p><i>To Celebrate National Registered Dietician Day join us from 1-4 in the MusiCares Lounge for a goodie bag of healthy Treats</i></p>	<p>10</p> <p>11:00 Seated Work Out (Ch.82)</p> <p>3:00 Bingo – AL Lounge</p>	<p>11</p> <p>2:00 Theater Club – MusiCares Lounge</p> <p>4:00 Shabbat Service (Ch. 82)</p>	<p>12</p> <p>9:30 Morning Café Music (Ch. 82)</p> <p>11:00 Irish Blessings, Limericks and Poetry-Schroeder Lounge</p> <p>3:00 Anagrams-AL Lounge</p> <p>4:00 Rosary (Ch. 8)</p>	
<p>Daylight Savings Time Begins 13</p> <p>9:00 Spiritual Music (Ch. 82)</p> <p>11:00 Catholic Mass (Ch. 82)</p> <p>3:00 Cocktail Social – AL Lounge</p>	<p>14</p> <p>11:00 Current Events - Schroeder Lounge</p> <p>2:15 Art Class with Karen-Anne Russell Art Studio</p> <p>6:30 Videos with Teak-Schroeder Lounge</p>	<p>15</p> <p>11:00 Cardio Workout with Meredith (Ch. 82)</p> <p>2:00 For Your Consideration Movie Viewing: <i>King Richard</i> –Schroeder Lounge</p> <p>4:00 Rosary (Ch. 82)</p>	<p><b>Purim (Begins at Sundown) 16</b></p> <p>11:00 Tech Clinic</p> <p>1:45 Expressive Art Making – Anne Russel Art Studio</p> <p><b>3:00</b> Living Resourcefully – Schroeder Lounge</p>	<p><b>St. Patrick’s Day! 17</b></p> <p>11:15 Meditation &amp; Aroma Therapy with David-Schroeder Lounge</p> <p><b>1:45pm St Patrick’s Day Social with Rebecca-Schroeder Lounge</b></p> <p>3:00 Bingo – AL Lounge</p>	<p>18</p> <p>10:15 March Trivia -Schroeder Lounge</p> <p>2:00 Theater Club – MusiCares Lounge</p> <p>4:00 Shabbat Service (Ch. 82)</p>	<p>19</p> <p>9:30 Morning Café Music (Ch. 82)</p> <p>3:45 Anagrams – AL Lounge</p> <p>4:00 Rosary (Ch. 82)</p>	<p><b>BIRTHDAYS THIS MONTH:</b></p> <p><b>Joe H. (3/8)</b></p> <p><b>Henry K. (3/7)</b></p>
<p><b>First Day of Spring! 20</b></p> <p>9:00 Spiritual Music (Ch. 82)</p> <p>11:00 Catholic Mass (Ch. 82)</p> <p>3:00 Celebrate Spring with Spiked Lemonade! – AL Lounge</p>	<p>21</p> <p>11:15 Women Who Made a Difference Discussion-Schroeder Lounge</p> <p>2:15 Art Class with Karen-Anne Russell Art Studio</p> <p>3:15 Mass with Father Agung-MusiCares Salon</p> <p>6:30 Videos with Teak-Schroeder Lounge</p>	<p>22</p> <p>10:00 Grab n’ Go Morning Social-Schroeder Lounge</p> <p>11:00 Cardio Workout with Meredith (Ch. 82)</p> <p>2:00 Theater Club – MusiCares Lounge</p> <p>4:00 Rosary (Ch. 82)</p>	<p>23</p> <p>11:00 Tech Clinic</p> <p>1:45 Expressive Art Making – Anne Russel Art Studio</p> <p>3:00 Living Resourcefully – Schroeder Lounge</p>	<p>24</p> <p>11:00 Tour of the Louvre Museum-Schroeder Lounge</p> <p>3:00 Bingo – AL Lounge</p>	<p>25</p> <p>2:00 Theater Club – MusiCares Lounge</p> <p>4:00 Shabbat Service (Ch. 82)</p>	<p>26</p> <p>9:30 Morning Café Music (Ch. 82)</p> <p>11:00 Current Events Discussion-Schroeder Lounge</p> <p>3:00 Name That Tune with Susie Speidel-MusiCares Lounge</p> <p>4:00 Rosary (Ch. 82)</p>	
<p>27</p> <p>9:00 Spiritual Music (Ch. 82)</p> <p>11:00 Catholic Mass (Ch. 82)</p> <p><b>3:00 Oscar Themed Cocktail Social – AL Lounge</b></p>	<p>28</p> <p>11:00 Zumba w/ Suzanne MusiCares</p> <p>2:00 For Your Consideration Movie Viewing: <i>The Tragedy of Macbeth</i>- Starring Denzel Washington</p>	<p>29</p> <p>11:00 Seated Workout (CH 82)</p> <p>2:00 Activity Planning Meeting with Rebecca</p> <p>4:00 Rosary (Ch. 82)</p>	<p>30</p> <p>11:00 Tech Clinic</p> <p>1:45 Expressive Art Making – Anne Russel Art Studio</p> <p>3:00 Living Resourcefully – Schroeder Lounge</p>	<p><b>Baseball Opening Day 31</b></p> <p>11:15 Meditation &amp; Aroma Therapy with David-Schroeder Lounge</p> <p>3:00 Bingo – AL Lounge</p>			<p><b>NOTE:</b> Activities are subject to change. Please see Channel 82 for updates. PLEASE...Masks are required to be worn at all activities.</p>