






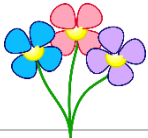




# MARCH 2022

# The Actors Fund Home Broadway on Hudson

| SUN  | MON  | TUES   | WEDS  | THURS   | FRI   | SAT   | THIS MONTH'S ANNOUNCEMENTS  |
|--|--|--|---|---|---|---|---|
|   |   | <p><b>Mardi Gras</b> 1</p> <p>9:45 Social Visits<br/>10:15 Café on Hudson<br/>11:00 Shamrock Bowling<br/>2:30 <b>Mardi Gras Party &amp; History of Mardi Gras</b><br/>3:30 Hand Massages<br/>4:00 Rosary (Ch. 82)<br/>6:00 Fact or Fiction</p> | <p><b>Ash Wednesday</b> 2</p> <p>9:45 Social Visits<br/>10:15 Café on Hudson<br/>11:00 Group Storytelling<br/>1:45 Bingo<br/>2:30 Classical Music Listening<br/>3:30 Ashes with Father Agung of St. Cecilia's</p> | <p>3</p> <p>10:15 Café on Hudson<br/>11:00 Cabaret with Carol<br/>2:00 Kickball<br/>3:00 Manicures &amp; Hand Massages</p>  | <p>4</p> <p>9:30 Social Visits<br/>10:15 Café on Hudson<br/>11:00 Sing Along<br/>1:45 Reminiscing: 1950's<br/>2:30 Armchair Travel<br/>4:00 Fun with Trivia<br/>4:00 Shabbat Service (Ch. 82)</p>                 | <p>5</p> <p>9:30 Good Morning Visits<br/>10:15 Café on Hudson<br/>1:30 Riddle Me This!<br/>2:15 Schmooze &amp; Views<br/>4:00 Rosary (Ch. 82)</p>   | <p><b>CAFÉ ON HUDSON</b><br/>Every Morning</p>                     |
| <p>6</p> <p>9:00 Spiritual Music (Ch. 82)<br/>9:15 Good Morning Visits<br/>10:15 Café on Hudson<br/>11:00 Catholic Mass (Ch. 82)<br/>1:30 Doodle Art<br/>2:15 Sing-Along</p>   | <p>7</p> <p>9:45 Social Visits<br/>10:15 Café on Hudson<br/>11:00 Group Storytelling<br/>2:00 <b>Shamrock Shakes with Michelle</b><br/>2:30 Theater Club</p>  | <p><b>International Women's Day</b> 8</p> <p>9:45 Social Visits<br/>10:15 Café on Hudson<br/>11:00 Balloon Toss<br/>1:45 Women Who Made a Difference<br/>3:00 Let's Sing Irish Songs<br/>4:00 Rosary (Ch. 82)<br/>6:00 Evening Meditation</p>  | <p>9</p> <p>10:15 Café on Hudson<br/>11:00 Kickball<br/>1:45 Bingo<br/>2:45 Movie Viewing - King Richard</p>  | <p>10</p> <p>9:45 Social Visits<br/>10:15 Café on Hudson<br/>11:00 Balloon Slap<br/>1:45 Who was Florence Nightingale?<br/>2:30 Opera's Greatest Hits</p>   | <p>11</p> <p>9:45 Social Visits<br/>10:15 Café on Hudson<br/>11:00 March Madness Basketball Tournament<br/>1:45 Sip n' Paint<br/>2:45 Snack and Chat<br/>4:00 Shabbat Service (Ch. 82)</p>                        | <p>12</p> <p>9:30 Social Visits<br/>10:15 Café on Hudson<br/>1:45 Irish Poetry Readings<br/>3:15 Armchair Travel<br/>4:00 Rosary (Ch. 82)</p>  | <p><b>BIRTHDAYS THIS MONTH:</b><br/><i>Catherine C. (3/2)</i><br/><i>Wesley J. S. (3/2)</i><br/><i>Joan K. (3/13)</i><br/><i>Mickey C. (3/23)</i></p> |
| <p><b>Daylight Saving Time Begins</b> 13</p> <p>9:00 Spiritual Music (Ch. 82)<br/>10:15 Café on Hudson<br/>11:00 Morning Stretches<br/>11:00 Catholic Mass (Ch. 82)<br/>2:00 Hangman</p>  | <p>14</p> <p>9:45 Social Visits<br/>10:15 Café on Hudson<br/>11:00 Bowling<br/>1:45 Who is Gloria Steinem?<br/>2:30 St. Patrick's Day Coloring Corner<br/>3:15 Snack N' Chat</p>   | <p>15</p> <p>10:15 Café on Hudson<br/>11:00 Sing N' Stretch<br/>2:00 Creative Crafts<br/>2:30 Snack and Chat<br/>4:00 Rosary (Ch. 82)</p>  | <p><b>Purim Begins</b> 16</p> <p>9:45 Social Visits<br/>10:15 Café on Hudson<br/>11:00 Group Storytelling<br/>1:45 Bingo<br/>2:30 Opera Music Appreciation<br/>3:00 Story Salon: The Story of Purim</p>           | <p><b>St. Patrick's Day</b> 17</p> <p>9:45 Social Visits<br/>10:15 Café on Hudson<br/>11:00 History on St. Patrick's Day<br/>2:00 <b>St. Patrick's Day Bash!</b><br/>3:00 Color Your Shamrock</p>  | <p>18</p> <p>9:45 Social Visits<br/>10:15 Café on Hudson<br/>11:00 Balloon Slap<br/>2:00 Birthday Party and Warren Beatty Birthday Tribute<br/>3:00 Hand Massages and Nails<br/>4:00 Shabbat Service (Ch. 82)</p> | <p>19</p> <p>9:30 Good Morning Visits<br/>10:15 Café on Hudson<br/>1:30 Sing N' Stretch<br/>2:15 Tower Stack Challenge<br/>2:45 American Standards Karaoke<br/>4:00 Rosary (Ch. 82)</p>   | <p><b>SPECIAL EVENTS</b><br/>Celebrate Mardi Gras (1<sup>st</sup>)<br/>St. Patrick's Day Social (17<sup>th</sup>)</p>                                 |
| <p><b>First Day of Spring!</b> 20</p> <p>9:00 Spiritual Music (Ch. 82)<br/>10:15 Café on Hudson<br/>11:00 Catholic Mass (Ch. 82)<br/>2:45 Afternoon Stretch<br/>3:30 Craft Corner</p>     | <p>21</p> <p>10:15 Café on Hudson<br/>11:00 Sweat to the Oldies<br/>2:00 Can-Can Game<br/>3:00 You Be the Judge!</p>   | <p>22</p> <p>9:45 Social Visits<br/>10:15 Café on Hudson<br/>11:00 Balloon Toss<br/>1:45 Springtime Coloring<br/>2:30 Refreshments<br/>3:00 Humor Group<br/>4:00 Rosary (Ch. 82)<br/>6:00 Hand Massages</p>                                    | <p>23</p> <p>9:45 Social Visits<br/>10:15 Café on Hudson<br/>11:00 Group Storytelling<br/>1:45 Bingo<br/>2:30 Opera Music Appreciation<br/>3:00 Story Salon: Stories About Spring</p>                             | <p>24</p> <p>9:45 Social Visits<br/>10:15 Café on Hudson<br/>11:00 Fitness Club<br/>1:45 Coloring Corner<br/>2:45 Finish the Line<br/>3:30 Music Listening: Josh Groban</p>   | <p>25</p> <p>9:45 Social Visits<br/>10:15 Café on Hudson<br/>11:00 Shooting Hoops<br/>2:00 Who Is Michelle Obama?<br/>3:00 Afternoon Refreshments<br/>4:00 Shabbat Service (Ch. 82)</p>                           | <p>26</p> <p>9:30 Social Visits<br/>10:15 Café on Hudson<br/>1:45 Sing Along<br/>3:15 Nail Spa<br/>4:00 Rosary (Ch. 82)</p>   |    |
| <p>27</p> <p>9:00 Spiritual Music (Ch. 82)<br/>10:15 Café on Hudson<br/>11:00 Stretch &amp; Flex<br/>11:00 Catholic Mass (Ch. 82)<br/>2:00 Spring Trivia</p>   | <p>28</p> <p>10:00 Café on Hudson<br/>10:30 Zumba with Suzanne<br/>11:00 News &amp; Views<br/>2:30 Meditative Stretching<br/>3:15 Aroma Therapy</p>  | <p>29</p> <p>10:15 Café on Hudson<br/>11:00 Music Listening: Classical Music<br/>2:30 Basketball<br/>3:15 Spring Crafts</p>  | <p>30</p> <p>9:45 Social Visits<br/>10:15 Café on Hudson<br/>11:00 Group Storytelling<br/>1:45 Bingo<br/>2:30 Opera Music Appreciation<br/>3:00 Story Salon: Stories About Hope</p>                               | <p>31</p> <p>10:15 Café on Hudson<br/>11:00 Current Events<br/>2:00 Nail Care &amp; Hand Massages<br/>3:00 Snack &amp; Chat</p>   |    |   | <p><b>NOTE:</b><br/>Activities are subject to change. Please see Channel 82 for updates.</p>  |